**Flow Yoga 300-Hour Teacher Training &**

**In-Depth Study Program**

with Ben Wisch & Denise DeLuca

**January 2018 – December 2018**

**APPLICATION FORM**

**Flow Yoga Studios 22 Hollywood Ave. Suite 4, Hohokus, NJ 07423** [www.flowyoganj.com](http://www.flowyoganj.com)

**PLEASE PRINT CLEARLY OR TYPE  
1. Personal Information:**

**Today’s date\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Preferred Name\_\_\_\_\_\_\_\_Phone \_\_\_\_\_\_\_\_\_\_\_\_\_**

**Address\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Web Site\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_E-mail\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Age\_\_\_\_\_\_\_\_\_Current Occupation\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. Why do you want to take this program and what do you hope to gain?**

**3. If you are interested in this training as an in-depth study of yoga, there is no pre-requisite. If you are completing the 300-hour training to become certified as a 500-hour Registered Yoga Teacher, you must have completed a 200-hour yoga teacher training program prior to starting this program.**

**Where and with whom did you complete your 200-hour Teacher Training?**

**Also, please describe your practice, including past workshops, trainings, styles you've practiced, and teachers you've studied with.**

**4. Are you currently teaching yoga? \_\_\_\_\_\_\_\_\_Number of classes per week\_\_\_\_\_\_\_\_\_\_\_\_**

**What tradition/style?\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_How long have you been teaching?\_\_\_\_\_\_\_\_\_\_\_**

**5. Who referred you to this program? Or how did you find out about this program?**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**6. This training program is a transformational experience. It is demanding and vigorous and will challenge you in ways you may not expect. What has been the most challenging experience you’ve had in your life and how did you navigate the difficulties?**

**7. The Alchemy Teacher Training is made exponentially more potent & valuable from the collaboration and contributions of each individual participant.**

**Taking a moment to reflect upon your life's experiences and yearnings of your heart, can you please share with us ways in which you would like to contribute to the teacher training community.**

**Is there a particular fear(s) that you have at this time that you would like to explore?**

**8. HEALTH INFORMATION. Please let us know about any injuries, physical conditions, or psychological issues that you feel might get in the way of your full participation. This information is confidential and will help us serve you better:**

**PAYMENT PLAN AGREEMENT**

**2017-2018 Flow Yoga 300-HOUR**

**TEACHER TRAINING PROGRAM/IN-DEPTH STUDY**

**1. Name\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**2. Calculate Payment:**

**Tuition:**

**\_\_\_\_\_\_\_$4195 EARLIEST REGISTRATION (if deposit paid and application in by AUGUST 1ST 2017)**

**\_\_\_\_\_\_\_$4495 EARLY REGISTRATION (if deposit paid and application in by NOVEMBER 1st 2017)**

**\_\_\_\_\_\_\_$4795 REGULAR TUITION (if paid IN FULL before the Training begins)**

**\_\_\_\_\_\_\_PAYMENT PLAN (see details below). Includes $25 processing fee in addition to Regular Tuition for each of 12 monthly payments.**

**Deposit/Payment: $500.00 How would you like to pay for the deposit?**

**\_\_\_\_ Check or \_\_\_\_ Money Order enclosed  
 \_\_\_\_Charge my VISA/AMEX/MC for the $500 deposit now & I will pay the balance due as I have noted below.**

**Balance Due: $\_\_\_\_\_\_\_ subtract $500 from tuition to determine balance due.**

**Choose payment plan (check the boxes that apply):**

* **\_\_\_\_\_  1. Earliest Registration Discount. Pay the $500 deposit now & \_\_\_\_\_ charge the balance due $3695 on January 10, 2018 or \_\_\_ I will mail a check for the remaining $3695 postmarked by January 3, 2018 (first day of traning).**
* **\_\_\_\_\_\_2. Early Registration Discount. Pay the $500 deposit now & \_\_\_\_\_ charge the balance due $3995 on January 10, 2018 or \_\_\_ I will mail a check for the remaining $3995 postmarked by January 3, 2018 (first day of traning).**
* **\_\_\_\_\_  3. Regular Tuition. Pay the $500 deposit now & \_\_\_\_charge the balance of $4295 on January 3, 2018 or \_\_\_ I will mail a check for the remaining $4295 postmarked by January 10, 2018 (first day of traning).**

* **\_\_\_\_\_  4. Payment Plan. Pay $500 deposit upon acceptance. The balance will be paid over eight monthly payments of $383 (includes monthly processing fee). See below:**

**1st Payment Jan 10th, 2018 $383 7th Payment Jul 1st 2018 $383**

**2nd Payment Feb 1st 2018 $383 8th Payment Aug 1st 2018 $383**

**3rd Payment Mar 1st 2018 $383 9th Payment Sept 1st 2018 $383**

**4th Payment Apr 1st 2018 $383 10th Payment Oct 1st 2018 $383**

**5th Payment May 1st 2018 $383 11th Payment Nov 1st 2018 $383**

**6th Payment Jun 1st 2018 $383 12th Payment Dec 1st 2018 $383**

**\_\_\_\_\_ You may charge my Visa/Mastercard/Amex as noted above.**

**Visa/MC/Amex Number: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Exp:\_\_\_\_\_\_\_\_\_**

**Signature\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_Name on card:\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Billing Address (if different from above): \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**For all options, a $25 late fee will be charged for each payment that is received after the due date.**

**REFUND POLICY:  
Refunds to persons accepted into the program are as follows:**

* **If you cancel more than seven days before the course begins, you will be refunded the amount you paid minus a non-refundable $100 processing fee.**
* **If you cancel less than 7 days before the program begins, refunds (minus a non-refundable $100 processing fee) are only issued if your space can be filled from a waiting list.**
* **No refunds once the course begins.**

**Late Fees and Extensions on Homework and Certification:**

**Participating in Yoga Teacher Training is a big commitment of time and energy for the director, the assistants, and the students. We can serve you better if you submit your completed homework by the due dates and complete the training in the allotted time. However, we understand that due to unforeseen circumstances, this isn't always possible. The homework and certification extension financial policies are as follows:**

* + **Late or Incomplete Homework: You will be charged $25 for homework received after the due date or homework that is incomplete which will be placed in the TT Graduation fund.**
  + **Incomplete Certification Requirements: If you are unable to complete the certification requirements by the program end date, after you pass the take-home exam, or are asked to do additional work in order to receive certification, you may receive an extension. The fee for extension, which includes mentoring with a staff person, will be worked out individually with each student at a minimum rate of $100 per hour for staff time. (Total cost may vary depending on the amount of work and the duration of additional mentoring and supervision needed for certification.) You will have until December 31st of the training year to complete your work and receive certification.**
  + **Wednesday sessions begin promptly at 9:00am. Please plan to arrive prior to those times so that you can be set-up and ready to start right on time. The doors to the studio will close at 9:00am on Wednesdays, and you will not be permitted to enter the sessions unless you have notified the staff in advance with a valid reason of why you will be late. You can then choose to do your own Thursday morning Sadhana somewhere in Flow Yoga’s facility. For sessions missed you will either need to make up the session with one of the staff or be required to listen to a recording of the session and answer a worksheet prepared for that particular workshop. You will be charged $25 for missed morning or evening sessions which will be placed in the TT Graduation fund.**
  + **I have read, understand, and agree to the above terms and policies.**

**SIGNATURE**

**\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_DATE\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Printed Name: \_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_\_**

**Send or drop off Application & Payment Plan form to:**

**FLOW YOGA STUDIOS**

**22 Hollywood Ave, Suite 4 Hohokus NJ 07423**

**Please make checks payable to RMV Yoga LLC dba Flow Yoga**